

Carrie J. Kelly, RD



Carrie earned a Bachelors Degree in Fashion Merchandising and a Bachelors degree in Nutrition. She also completed various post-graduate courses in clinical nutrition.

Carrie has 4 years experience working in production and design for a top fashion design company in NYC, the fashion capital of the world. After leaving the fashion industry to pursue her passions in nutrition, she successfully worked as a WIC Dietitian responsible for working with pregnant and lactating women, infants and children providing nutrition assessments, anemia screenings, and nutrition counseling. After working with WIC, Carrie continued to excel in developing and implementing nutrition education programs for kids and parents as a Program Associate with Rutgers Cooperative Extension. She has also organized and participated in various company Health Fairs throughout RI, NJ and NY. Through continued education, Carrie maintains her expertise in pediatrics and adult weight management as well as nutrition education design and development.

In addition to Carrie's success as a nutrition educator, she demonstrates excellent culinary skills and meal planning, always with a passionate focus on nutritionally scrumptious food! She has mastered juggling a busy lifestyle and is an avid runner competing regularly in local 5K and 10K events. Once you meet Carrie, you will see that her enthusiasm is contagious!